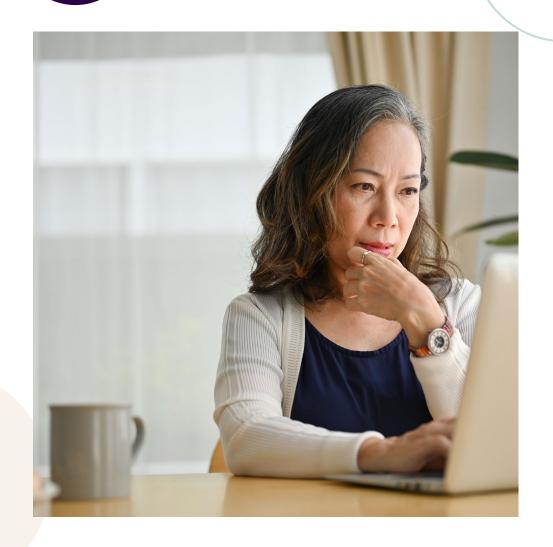
## GMRC Council Meeting

October 30<sup>th</sup>, 2025

Legacy Link





### **Our Mission**

Our mission is to support and advocate for aging adults and individuals with disabilities to be their link to a better life.

### Who We Are

Legacy Link is a nonprofit organization that connects older adults, individuals with disabilities, and their caregivers to the assistance they deserve.

Legacy Link provides programs to supplement community resources and boosts awareness of existing initiatives.

Legacy Link service area varies based on programs or service. All our programs and services are offered in our primary 13 county region.





## **Aging & Disability** Resource Connection (ADRC)

Trained Intake Specialists provide anonymous and/or confidential access to information, referral, and assistance concerning services for seniors, family members, and persons with disabilities. Callers are assisted in locating resources and services in the 13-County region.

## Senior Centers & Home Delivered Meals

Multi-purpose senior centers receive funding from Legacy Link in 12 counties.

These centers provide services to older adults such as:

Home Delivered Meals

Recreation

Transportation

**Exercise Classes** 

**Educational Opportunities** 

**Database for Senior Resources** 

## State Health Insurance Assistance Program (SHIP)



**Navigating Medicare** 

Georgia SHIP; State Health Insurance Assistance Program.

Trained staff and volunteers counsel individual beneficiaries, assist with enrollment in all Medicare Programs and provide community education on topics including:

- Medicare (Parts A and B)
- Medicare supplemental insurance
- Medicare Part D prescription plans
- Fraud, abuse, and scams related to Medicare
- Identity theft

This project is supported by a grant from the U.S. Administration for Community Living.

## **Wellness Programs**

Wellness Programs promote healthy living, which help people live a better life and remain more independent. Nutritional needs often change as we age, as do physical abilities, so following meal and exercise plans from decades ago may no longer be right for you.

In 2025, wellness activities were offered to 15,425 at 11 senior centers.





A MATTER OF BALANCE

**BINGOCIZE** 



Care Consultation is a free, telephone-based information and support service. The Care Consultation Program provides caregivers ongoing help to find practical solutions to concerns about health and care as well as coaching and support. Clients do not have to be enrolled in any other Legacy Link programs to be eligible to participate in Care Consultation.

#### Care Consultation provides:

- Awareness of Community Providers
- Family and Friend Involvement
- Healthcare information
- Coaching and Support for Caregivers
- Problem solving

In 2025- 183 clients were served

## **Dementia Care Specialist**

Dementia Care Specialist drives the effort to make the aging and disability network more dementia capable by supporting the local community dementia care partners, people with dementia, their caregivers and families as community advocate, educator, and collaboratór:

- Outreach and education to professionals, employers, organizations, and the local community about available dementia services
- Collaboration with dementia care providers to ensure effective service delivery



## Retired & Senior Volunteer Program (RSVP)



RSVP offers adults 55 and older the opportunity to apply their skills and experience to meet the needs of their community. RSVP volunteers may:

Volunteer at public and non-profit agencies

Provide community outreach

Provide companion outreach

**Deliver Meals On Wheels** 

Provide public service

Provide tutoring or mentoring

RSVP is an AmeriCorps Seniors national program serving local communities. It is funded and administered by AmeriCorps, the Federal Agency for Volunteering and Service.

## **Nursing Home Transition Programs**

Nursing Home Transition (NHT) programs assist with transitioning individuals from nursing home care back into the community. Transition coordinators meet with residents and families in the nursing home to assess their options/barriers and develop a care plan for successful re-entry to community living

#### Eligibility criteria for non-Medicaid recipients:

- ■Age Requirement 55+
- ■No Medicaid Requirement
- •Must be in the Nursing Home for 30 days to be eligible

*In 2024: 13 clients were transitioned back to the community* 

#### **Eligibility criteria for Medicaid recipients (Money Follows the Person Program -MFP)**

- ■No Age Requirement
- •Must have Nursing Home Medicaid and be eligible to sign up for a Medicaid Waivered Program (CCSP/SOURCE)
- ■Must be in the Nursing Home for 60 days to be eligible

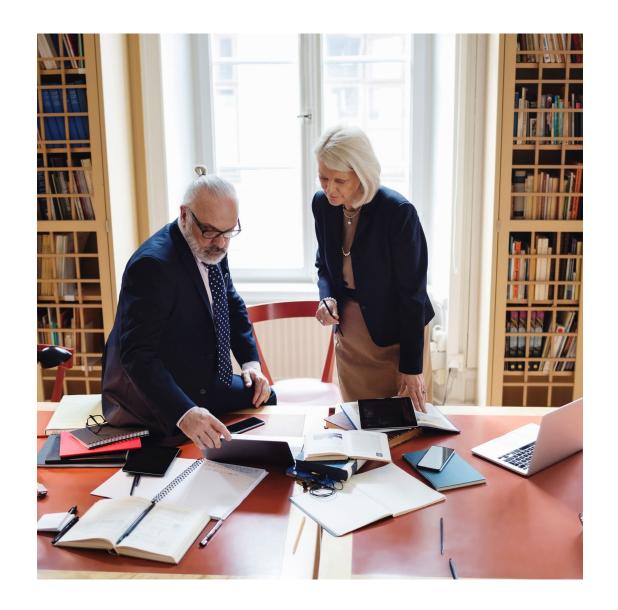
*In 2024: 2.5 clients were transitioned back to the community (MFP)* 

## Elderly Legal Assistance Program (ELAP)

Available to adults 60 years or older, free legal assistance and counseling in matters related to areas of civic law including but not limited to:

- Housing
- Utility Assistance
- Wills
- Advanced Directives
- Food Stamps
- Medicare and Medicaid
- Real and Personal Property
- Nursing Home Issues
- Medical Assistance
- Community Care Issues

In 2025 - 280 clients were served





# Home & Community Based Services

Non- Medicaid Home and Community- Based Services include a range of solutions to help older adults live safely, healthily, and independently in their homes and communities. HCBS is available for individuals 60 and older to assist with Basic and Instrumental Activities of Daily Living (ADLS and IADLS)

Home delivered meals

Light house keeping

Personal assistance with bathing, dressing, and grooming

Caregiver respite

## **Case Management**

Community Care Services Program (CCSP) and Service Options Using Resources in a Community Environment (SOURCE) are part of the Elderly & Disabled Waiver Program (EDWP) that provide inhome and community-based services as an alternative to a nursing home.

- EDWP general eligibility requirements:
  - Must be at least 65 years old (or; if younger than 65, meet certain disability requirements)
  - Limited income and potential cost share
  - Primary functional impairment caused by physical limitations
  - Must meet level of care for nursing home placement
  - Subject to estate recovery

For CCSP: Must be eligible or potentially eligible for Medicaid.

For SOURCE: Must have Supplemental Security Income (SSI) Medicaid.

## **Case Management Continued**

#### Services available:

- Adult Day Health
- Alternative Living Services
- Case Management
- Consumer Direct Care
- Emergency Response Services
- Home Delivered Meals
- Personal Support Services
- Respite Care
- Skilled Nursing Services
- Structured Family Care



35 County Service Area

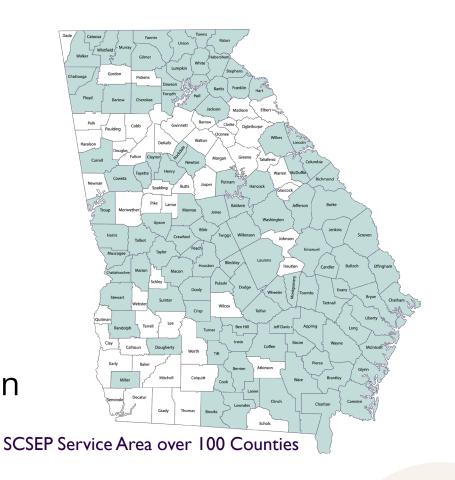
## Senior Community Service Employment Program (SCSEP)

SCSEP is a federally funded employment training program for limited-income seniors, aged 55 or older, who wish to reenter the workforce. The SCSEP program offers:

Paid training averages 20 hours per week

Opportunity to refresh existing job skills and learn new ones

Access to a regional job coach, who help job seekers create a personalized job training plan



# STAY CONNECTED Social Media



Facebook



YouTube

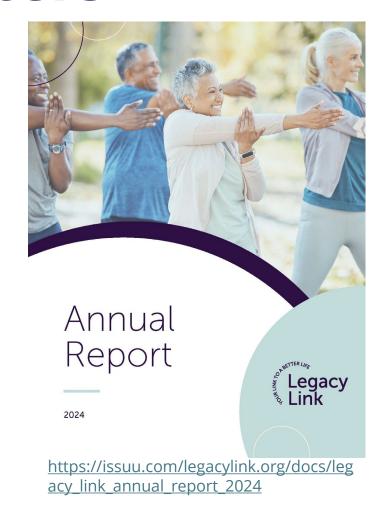


Instagram

## Annual Report & Quarterly Newsletters



https://issuu.com/legacylink.org/docs/thelink fall2024 v2



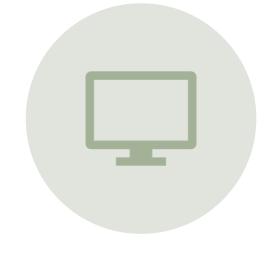
# Your Feedback is Important!





## Thank you!





CALL US FOR MORE INFORMATION: 770-538-2650

VISIT OUR WEBSITE: WWW.LEGACYLINK.ORG

